

Men's Health

www.menshealth.com

CIRCULATION: 1,859,701
IMPRESSIONS: 4,649,253

JUNE 2009

Men's Health.
Eat Like a Man!
**THE 125
BEST
FOODS
FOR MEN**

SIMPLIFY YOUR SHOPPING
LIST WITH OUR TOP PICKS
FROM EVERY SECTION IN
THE SUPERMARKET

118.
BEST COOKING BROTH

Swanson Certified Organic Free Range Chicken Broth

Best chicken flavor of
all the broths we tasted.

Per cup: 15 calories

